



International Conference on
Wellness:
A Transdisciplinary
Perspective

03,04 February 2024 | Calicut, Kerala

Jointly organized by
Team Incubation, Department of Psychology, Farook College (Autonomous),
and International Society of Teachers, Administrators & Researchers (iStar)





Knowledge Redefined, Experience Redesigned.

A Conference Like Never Before!



About Team Incubation

Established in 2014, Team Incubation is a non-profit organization founded by a dedicated group of dynamic graduates from central universities and premier institutions across India. What began as a local initiative in Kerala has now blossomed into a nationwide movement, with over 3000+ passionate members spanning central and state universities. Team Incubation's primary focus lies in the realm of education. The Team has spearheaded numerous educational projects in rural and coastal areas of Kerala, aiming to uplift marginalized communities through educational empowerment. The organization initiates impactful social and educational campaigns to champion causes such as education, mental health, happiness, and overall well-being. From lower primary schools to Ph.D. levels, Team Incubation supports students through expertly crafted projects developed by a team of policymakers, educational planners, academicians, and innovators.

About Farook College (Autonomous)

Farook College, founded in 1948, stands as a pivotal symbol of the Kerala Muslim renaissance. Established by the Rouzathul Uloom Association, it has played a pivotal role in transforming the social fabric of the region through a modern and secular educational paradigm. As an autonomous college, it offers 22 UG and 16 PG programs, operating as the largest residential post-graduate institution in Kerala. Recognized for its excellence by NAAC and UGC, Farook College promotes a harmonious campus environment, welcoming students from all backgrounds. With a focus on holistic development and pioneering initiatives in e-learning, the college is a symbol of educational empowerment and social progress.

About I STAR

The International Society of Teachers, Administrators, and Researchers, Inc. (ISTAR) came into existence under the dynamic leadership of Dr. Rommel V. Tabula, a renowned Filipino educator and researcher. Established in the Kingdom of Thailand on May 19, 2019. The fundamental vision of ISTAR is to be a leading global organization promoting professional ethics and multidisciplinary collaboration. ISTAR organizes impactful conferences that facilitate the dissemination of cutting-edge knowledge and best practices.



Background of the Conference

In the dynamic landscape of the 21st century, wellness has emerged as a critical focal point for individuals, communities, and nations alike. The interplay of physical, mental, and emotional well-being is not only integral to human existence but also forms the cornerstone for the progress and prosperity of societies. In the quest to delve deeper into the multifaceted dimensions of wellness, WellCon 2024 presents itself as a pioneering platform, bringing together scholars, researchers, practitioners, and policymakers from diverse disciplines.

WellCon 2024, organized collaboratively by Team Incubation, the Department of Psychology at Farook College (Autonomous), Calicut, and iStar, aims to foster a transdisciplinary dialogue on wellness.

Target Audience:

Undergraduate and postgraduate students

Research scholars

Academicians

Wellness practitioners

Healthcare professionals

Professionals from related fields

Enthusiasts interested in psychology, wellness, and holistic well-being

Objectives of the Conference

The WellCon 2024; International Conference on Wellness: A Transdisciplinary Perspective endeavors to achieve the following objectives:

Knowledge Exchange:

To facilitate the exchange of insights, research findings, and innovations in different fields related to wellness.

Transdisciplinary Dialogue:

To encourage trans-disciplinary discussions and collaborations among researchers, scholars, and practitioners.

Empowering Future Leaders:

To empower undergraduate and postgraduate students by exposing them to the latest advancements and trends in wellness.

Global Perspectives:

To provide a global platform for expert speakers from around the world to share international insights and expertise.





Conference Highlights

Keynote and Plenary Sessions:

Distinguished scholars and practitioners will deliver keynote and plenary talks, offering profound insights and sparking meaningful discussions.

Paper Presentations:

Researchers are invited to submit papers for presentation, fostering vibrant exchanges of ideas and the dissemination of research findings.

Interactive Workshops:

Engage in hands-on workshops exploring practical applications of psychology and wellness concepts.

Networking Opportunities:

Establish enduring connections with peers and global experts, paving the way for future research collaborations.

Conference Focus

The conference encompasses an expansive array of subthemes that encompasses the diverse fields of wellness. These include but are not limited to:

- Psychological Perspectives on Wellness
- Fostering Wellness in the Workplace through Transdisciplinary Research
- Educational Underpinnings of Health and Wellness
- Pedagogic Strategies and Teaching Wellness
- Sociological Perspectives on Wellness
- Clinical Psychology and Mental Wellness
- Significant Roles of Educators in Managing Wellness
- Art and Linguistics
- Economics of Wellness Industry
- Sports Psychology and Wellness
- Gender and Labour Perspectives on Wellness
- Neurobiological Aspects of Wellness
- Positive Psychology and Wellness
- Cultural, Spiritual, and Existential Wellness
- Artificial Intelligence and Personalized Wellness
- Travel Psychology and Wellness
- Happiness and Wellbeing

Call for Papers

We invite students, academicians, research scholars, and global researchers and innovators to submit papers aligning with our theme, "Wellness." This immersive event offers a unique blend of learning and entertainment, welcoming diverse perspectives from different disciplines. Engage in dynamic discussions through presentations. Selected papers get a chance to be published in an edited volume.

Important Dates

Last Date for Abstract Submission	20 November 2023
Last Date for Full Paper Submission	20 December 2023
Last Date for Early Bird Registration	20 December 2023
Last Date for Registration	10 January 2024
Date of the Conference	03, 04 February 2024



Submission Guidelines



To guarantee a program of exceptional quality and relevance, we have established specific eligibility criteria and guidelines for authors submitting abstracts:

Abstract Submission

Abstracts submitted should be in harmony with the conference theme, "Wellness." Any alterations to author details, their sequence, or affiliations will not be considered post-submission. Authors are urged to meticulously review all details and affiliations before finalizing their abstract submission.

Abstract Formatting

Abstracts must be composed in English. The length of the abstract should be concise, ranging between 150-250 words (excluding the title and author information), and must incorporate 4 to 6 keywords. The abstract should provide a clear, concise summary of the research objectives, methodologies, findings, and their implications.

Following the confirmation of abstract selection, full papers are expected to be submitted within the specified timeframe.

Full Paper Formatting

The word limit for full papers is between 5,000 to 10,000 words. Reference and in-text citation style should adhere to APA 7th edition guidelines.

Submission Details

Submissions are accepted in PDF or Word format, using Times New Roman font size 12, double-spacing, and one-inch margins on all sides. Authors can send their abstracts and full papers to wellcon2024@gmail.com within the stipulated deadlines.

Presentation Format

Accepted abstracts may be presented either orally or as posters, contingent on the decision of the selection committee. Participants residing outside the conference location may have the opportunity to participate virtually upon request. [Additionally, distinguished papers from the conference will be featured in an edited volume.](#)

Registration Fees

UG & PG Students		Attendee	Presenter
	Early Bird	900 INR	1000 INR
	Late Reg.	1100 INR	1200 INR
Research Scholars		Attendee	Presenter
	Early Bird	1200 INR	1300 INR
	Late Reg.	1400 INR	1500 INR
Professionals		Attendee	Presenter
	Early Bird	1500 INR	1600 INR
	Late Reg.	1700 INR	1800 INR
International Participants			100 USD

Payment Details

To complete your conference registration, kindly make the payment as follows:

Bank Transfer:

Bank: ICICI BANK

Account Name: INCUBATION

Account Number: 626501065851

IFSC Code: ICIC0006265

Branch: KOZHIKODE (CALICUT)

Online Transfer:

Google Pay: 7306198102

UPI: 7306198102@okbizaxis

After making the payment, please retain the payment receipt or take a screenshot of the transaction. You will need to upload this receipt or provide the reference number in the registration form to confirm your payment.

Thank you for your cooperation. If you encounter any issues or require assistance, feel free to contact us at +91 9400423233.

WellCon 2024 is not just a conference; it's a confluence of minds, a melting pot of ideas, and a catalyst for positive change. By embracing a transdisciplinary perspective, this conference endeavors to transcend conventional boundaries, fostering a holistic understanding of wellness that is essential for creating healthier, happier, and more harmonious societies.

*Join us at WellCon 2024,
where knowledge meets innovation,
and collaboration shapes the future of wellness.*

Register for **WellCon** Here
[Click Here](#)

Contact No: +91 9400423233, +91 9847664672



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 WellCon
2024

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